

## **Escort Responsibilities**

As the designated escort, you agree to the following responsibilities:

### **1. Remain Contactable**

You must keep your mobile phone switched on and available at all times during the patient's appointment. We will need to contact you when the patient is ready for discharge.

### **2. Stay Nearby During Treatment**

You must remain within approximately 15 minutes of the practice while the patient is undergoing treatment. Recovery times can vary, and an exact collection time is not possible.

### **3. Collect the Patient Promptly**

The patient will only be discharged once the dentist is satisfied they have met the discharge criteria and are in the care of a responsible **adult over 18 years of age**. You must attend promptly when contacted by the clinic and accompany the patient home safely.

### **4. Supervise the Patient for 24 Hours**

You must stay with the patient and supervise them for the remainder of the day and overnight following treatment.

Patients recovering from sedation should:

- Rest quietly at home
- Avoid being left alone
- Avoid caring for children or dependants alone
- Avoid cooking or using domestic appliances without supervision

Although the patient may appear capable, the effects of sedation can significantly impair judgement and awareness for up to 24 hours.

### **5. Ensure the Patient Avoids Certain Activities**

For the next 24 hours, the patient must not:

- Drive a vehicle or ride a bicycle
- Operate machinery or electrical equipment
- Drink alcohol
- Sign legal documents or make important decisions
- Use sharp implements
- Return to work or undertake hazardous activities

Care should also be taken when using the internet, social media, online banking, or making purchases online during this period.

### **6. Medication, Eating and Drinking**

The patient should continue taking their usual prescribed medications unless advised otherwise by the Dentist or Doctor.

Once any local anaesthetic has worn off, the patient may eat and drink as normal unless specific instructions have been given.

The dentist will advise which pain relief medications are appropriate following treatment.

### **7. Emergency Situations**

You should seek urgent medical attention or contact the practice immediately if the patient experiences:

- Difficulty breathing
- Excessive bleeding
- Severe pain not controlled with medication
- Persistent vomiting
- Chest pain
- Severe confusion or loss of consciousness
- Any other symptoms causing concern

### **Follow-Up Care**

A courtesy follow-up call may be made by the clinician the day after treatment to check on the patient's recovery.

### **Further Questions**

If you have any questions or concerns following treatment, please contact the practice:

**Telephone:** 028 90 614937

**Email:** [info@finaghydental.com](mailto:info@finaghydental.com)