

This leaflet will help you to prepare for your treatment under Intravenous (IV) sedation. Please read the following information carefully and make sure your escort also understands what they must do. There is a separate information sheet for your escort detailing their responsibilities. If you have any further questions, please ask before your appointment.

### **PRE OPERATIVE INSTRUCTIONS FOR PATIENTS REQUESTING IV SEDATION**

1. Please have a **LIGHT** meal **2 hrs** prior to your appointment. This may mean rising earlier if you have a morning appointment (e.g. if your appointment is at 3pm, the latest you can eat is 1pm).
2. If you take regular medication please bring a **FULL LIST** of all the tablets, creams, inhalers that you use.
3. Take all your regular medication as usual. **DO NOT** omit your medication on the day of your appointment unless advised to do so by your doctor.
- 4. DO NOT drink alcohol or smoke on the day of your visit.**

### **GUIDELINES FOR PATIENTS REFERRED FOR TREATMENT UNDER SEDATION.**

Conscious sedation is a form of anxiety control that makes treatment more pleasant. It is effective safe and predictable. The sedation will make you feel sleepy and relaxed and usually you will remember little of the procedure.

You will be required to stay at the practice for a length of time after the procedure which will be decided by the dentist. You will be drowsy for a short time but plan to leave 24 hours to recover as your judgment may be affected for this period. You do need to be supervised by a competent adult during this 24 hr period. You therefore should not drive, operate machinery, cook, or make important decisions during this time.

**NOT ALL PATIENTS ARE SUITABLE FOR SEDATION. THIS WILL BE DECIDED BY THE SURGEON TREATING YOU ON THE DAY.**

You must

- Be accompanied by a responsible adult who can remain on the premises while you are being treated and escort you home.

**The accompanying adult should be solely responsible for the patient and not in charge of young children.**

- Remove contact lenses, lipstick, nail varnish, and all jewellery before your appointment as these can interfere with our monitoring equipment.
- Tell the dental surgeon if you have been to see the family doctor or attended hospital since your appointment was made.
- Bring a list of all your medicines, pills, tablets, (either prescribed or purchased by yourself) and show it to the dentist.
- Wear loose fitting (especially sleeves) and comfortable clothing as we will need to attach a blood pressure cuff to your arm.
- Inform the dentist if you are breast-feeding/pregnant.

We May Not Be Able To Provide You With Sedation If These Guidelines Are Not Followed.

If you have a cold, sore throat or other minor illness please contact us the day before your appointment for advice. If you do not understand any of these instructions, are apprehensive about treatment, or wish to find out more about sedation please contact us on [028 9061 4937](tel:02890614937).

Our aim is to make your visit a pleasant one!